

CARE GIVER RESPITE PACKAGE

*As a care giver, you work hard for others.
Let us help you find some time for yourself.*



**Wouldn't it be nice to take
care of yourself for a change?
We can be there when you can't.**

Providing personal care services and companionship to your loved one while you take care of yourself.

- Personal care
- Laundry and light housekeeping
- Grocery shopping and meal preparation
- Pick-up prescriptions and medication reminders
- Escort to appointments

We can also teach you professional caregiving skills that will help you provide care to your loved one safely.

Care Giver Respite Package Includes:
5-hours per week to use at your discretion

Suggested Service:
1-Month Respite Care (20 hrs)

**Need more or less hours?
We can customize a care plan
specific to your needs.**

888-837-4235
indlivingservices.com

Independent Living Services

ACCESSING INDEPENDENCE
full service personal care